

LIVE Event “Business Yoga from Bhagavad Gita” | Dr Vivek Bindra | International Yoga Day

"बटुए को बुद्धि में डालो, बुद्धि भी बढ़ेगी और बटुवा भी बढ़ेगा" - Dr. Vivek Bindra

"स्वदेशे पूज्यते राजा, विद्वान सर्वत्र पूज्यते"- राजा केवल अपने राज्य में ही पूज्य होता है लेकिन विद्वान अपनी विद्वता से सभी जगह पूज्य बन जाता है।

1. MCD Model of Leadership

1. Managing- Zoom IN (Handcuff)
 1. Close Super Vision
 2. Control
 3. Direct
 4. Instruct
 5. One way Communication
 6. Telling
 7. Feedback
2. Coaching- Zoom MID (Hand Hold)
 1. Feedforward
 2. Involve
 3. Develop
 4. Encourage
 5. Listen Support
 6. Facilitate
 7. Awareness
3. Delegating- Zoom OUT
 1. Accountability
 2. Responsibility
 3. Support
 4. Praise

2. Talent Progression

1. Smart Model
 1. Skill Set
 2. Mind Set
 3. Actionable
 4. Result
 5. Time-bound
2. Executive to Manger
3. Manger to Manger of Manger (SM)
4. Senior Manager to Functional Head (DGM)
5. Functional Head to Business Head (VP)
6. Business Head to Group Head (CXO)
7. Group Head to Executive Head (CEO)

3. Kirkpatrick Model Of Leadership

1. Feedback- Reaction
2. Learning

3. Behaviour
4. ROI
4. ABCD Model Of Leadership
 1. Ability
 1. Result Oriented
 2. Expertise
 3. Problem Solving
 4. Performance Generating
 5. Skill Building
 2. Believability
 1. Honest & Values
 2. Admit Mistakes
 3. Sincere
 4. Respecting & Respectful
 5. No Blame Game
 6. Take Responsibility
 7. Act with Integrity
 8. Never Condemns
 3. Connect-ability
 1. Caring
 2. Empathetic
 3. Communicator
 4. Listener
 4. Dependability
 1. Reliable
 2. Organised
 3. Responsive
 4. Accountable
 5. Consistance
 6. Punctual
 - To Gain Trust, Extend Trust
5. **Balance of Courage and Consideration**
 1. Win-Lose-X
 2. Lose- Win-X
 3. Lose- Lose-X
 4. Win-Win- ✓
6. **Leadership is Solidarity and Solitude**
 1. Association
 2. RiSiMiS- Ritual Of Sixty Minute Solitude
7. **Leadership by Example**
8. **Leadership is both Mentoring & Parenting**
 1. Teach Budgeting
 2. Encourage to Read Books
 3. Encourage Mutual Questions
 4. Discuss Stories
 5. Ask Questions to Increase Imagination and Creativity
 6. Build their Nature rather than trying to change
 7. Encourage to Consume Motivational Content
9. **Action that appreciated get repeated**

1. Goal Oriented Talk
2. Free Flow Talk
3. Direction & Decision Oriented Talk
4. Solution-Oriented Questions
5. Struggle & Rejection- Allow
6. Gratification- Defer
7. Story of Discipline

10. Master Leadership VS Servant Leadership

1. Duryodhan's Fault:

1. Belief that i have succeed
2. Winning too much
3. Ungrateful
4. Failing to Express gratitude
5. Playing my favourite
6. Imposing own standard while judging
7. Desire to be served than to serve
8. I, Me, Myself
9. Starting a conversation with negative qualifier
10. Finding opportunities to tell how smart i am?
11. Pointing other's fault at start

11. Change Leadership

1. **अभी की परेशानी को छोटा करो, आगे की आसानी को बड़ा करो**
2. Conviction in Purpose- 'Why' to change
3. Handholding
4. Assign work as per the skill set
5. Review- Key performance Indicator

12. Downward Integrity Syndrome

13. Delegation to Navratna

1. Assign work according to nature
 1. Action man
 2. People man
 3. Idea man
 1. Integration
 2. Delegation
 3. Elimination
 4. Automation
 5. LibrationProcess Man
 - Weaker's should be Outsource, Eliminate, Integrate, Re-hire, Engagement
2. Identify your Navratna
3. Identify his 3/10 & 7/10 Competencies
4. Identify his connector
5. RAPP Analysis
 - Recreation
 - Aspiration
 - Proficiency
 - Problem
 - Role Statement

- Goal Statement

14. Collaborative advantage

1. Synergy
2. Road to a new level of Success
3. Explore Potential
4. Find a common purpose
5. Create Opportunities
6. Increase Participation
7. Accelerate
8. Build Partnership

- **Listening Leadership= Trust & Influence**

15. Determined Leader

1. Connection
2. Correction

16. Principle before Profit

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- When you develop a higher taste, then you can discard the lower one

17. Sharpening the saw

0. Renew Yourself

1. Elevate your learning

- **Ravan's 3 Lessons**

0. Never become arrogant with your power and strength
1. Never consider your Enemies less powerful
2. Never tell your weakness to anyone

- Improve:

0. Physical Dimension
1. Spiritual Dimension
2. Intellectual Dimension
3. Social emotional dimension

18. Appreciative Enquiry

0. Solution Oriented Questions

19. Circumstantial Leader VS Substantial Leader

20. Leadership by Synergy

0. New Possibility
1. Poor Mindset- Lack of synergy

21. Clarified Expectations:

22. Meetings that get Results

0. Define Purpose
 1. Prepare questions to ask
 2. Cost
 3. Ensure Maximum ROI
 4. Start on time - End on time
 5. Come well Prepared (Homework)
 6. Stay on track
- Points to Remember
 - Task- What?
 - Responsible- Who?
 - Action Steps- How?

- Timeline- When?
- Reviewer- Checker?
- Support- Contributor?

23. Avoid Procrastination- Power of Now

24. Leadership Remodelling

0. Neuro- Brain
1. Linguistic- Language
2. Programming- Design- Redesign

25. Visionary Leadership- Begin with End in Mind First

26. Disciplined Leadership

27. Practicing Disciplined Leadership

28. Focus & Goal Oriented

- READY-> AIM->FIRE

29. Organisational Politics

0. Equality is a wrong concept- Fairness is a right concept
1. What you speak about others behind their speaks more about you
2. Complain to the complaine or the authority of complaine
3. Be informed- Develop an internal network & Be Vigilant
4. Follow Data Driven Approach
5. Horizontal coalition
6. Agree to disagree

30. Giving Feedback Generously

0. Specific
1. Consistent
2. Everyone
3. Inspire
4. Right Amount
5. Show Impact